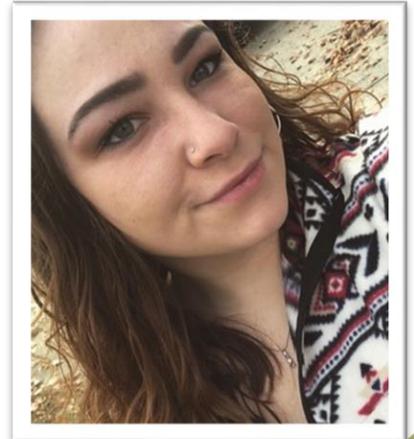




CVCC Alumni Spotlight

Former Cuyahoga Valley Career Center (CVCC) Dental Assisting Student, Sarah Double is thriving!

Sarah Double started CVCC’s Adult Education’s Dental Assisting program in the Fall of 2019, and graduated in May of 2020. She completed the program with her Radiology license and passed the certification, becoming a Registered Dental Assistant (AMT’s RDA). Sarah originally attended CVCC’s Dental Assisting program in high school; however, did not complete the program at the time. She always remembered Ms. Theodore’s kindness, and knowing Ms. Theodore taught both the High School and Adult Education programs, knew she could return to the program as an adult anytime she wanted. Falling tired of working in the restaurant business, Sarah returned to the CVCC’s Dental Assisting program.



Sarah Double

Sarah’s favorite memory was the first day of the program when she saw Ms. Theodore again; also, the class learned how to properly brush their teeth which was a funny experience. Sarah explained how she and her classmates used the disclosing agent and realized how much can be missed when brushing teeth! Sarah noted, “We laughed so much with each other!” The whole time being at CVCC was a great experience for Sarah; specifically, getting to know her classmates and learning from one another. Sarah became close friends with her fellow peers as they all shared the same goal of becoming dental assistants. Sarah gives much credit to Ms. Theodore, exclaiming, “We wouldn’t be where we are today if it wasn’t for Ms. Theodore, she made learning fun and exciting!”

After graduating from CVCC’s Dental Assisting program, Sarah went straight to work as a Dental Assistant. Currently, she works full-time at Union Dental Care and loves it! Sarah enjoys working with the staff at Union Dental Care as well as with the dentist. Everyone has helped in continuing to develop her skills and competencies. There are some days when Sarah is the only dental assistant in the office; though it is busy, she loves meeting the patients and working with new people. When asked how her time at CVCC has aided in her success today, Sarah explains that Ms. Theodore was instrumental in her success, and was the most wonderful teacher, as well as human being. Sarah expressed that, “Ms. Theodore pushed us to reach our potential.” Additionally, she was a great mentor, in which Sarah feels her life was forever changed by the education and impact Ms. Theodore instilled in her during her time at CVCC.

CVCC is beyond ecstatic to have been able to provide Sarah with such a quality experience! CVCC’s Adult Education programs are enrolling now! For further information about the Dental Assisting program, and many others, please visit: https://www.cvccworks.edu/adulteducation_home.aspx. Additionally, program inquiries can be emailed to aeinfo@cvccworks.edu or received at 440.746.8230.

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CVCC Student Spotlight

Challenging Circumstances Lead to Creative Simulated Clinicals for CVCC Health Career Students

It is no secret the challenges this past year has brought; a concern for many education institutions, including CVCC, was the quality of hands-on instruction provided for students. CVCC's high school Health Careers program was no exception to bringing forward innovative and creative methods to make sure students were getting the quality and engaging career-technical education that is expected. To give some background, the Health Careers program provides an opportunity for students to acquire a plethora of certifications, including State Tested Nurse Assistant (STNA). Usually seniors obtain in-field experience in order to achieve this certification. With the health and safety restrictions set for schools as well as healthcare facilities this year, the Health Careers students were unable to physically go to a facility to receive in-field experience. Met with the need to provide students with hands-on experience, CVCC's Health Careers instructors, Mrs. Valukievic and Ms. Ellis created an environment utilizing simulated clinicals!

All hands were on deck to create as real of an experience as possible; Mrs. Valukievic and Ms. Ellis acted as charge nurses giving out new tasks and specifications for the day that the caregivers needed to do for their patients; they also supervised and checked in regularly with the students just like a nurse would do in real life. Additionally, a kitchen area was designated to make food that met the needs of the patient's proper dietary requirements. The Health Careers students had a major role in this clinical experience as well; they were put into two groups, one acting as the patients, and the other being the caregivers for the week. After a week's time, the roles reversed so every student experienced both parts. The students deemed as "actors" took their roles very seriously, taking on a whole character, including a name, dietary needs, mobility concerns, in depth health details, and even a birthday of that of a potential real life patient. This was done to give the students who were giving care as real of an experience as possible to gain the clinical skills needed to become an STNA. For example, CVCC Health Careers student, Lauren Wiseman acted as patient, Terry Dactyl. She was given a script and back-story of her character to learn, which included having Type I Diabetes and hyperglycemia. Lauren noted that playing the patient role was, "...an adventure." She found the whole experience a great way to obtain real world experience to prepare for the STNA certification. Additionally, student Leah Marsh acted as patient Vanna Blue. Her health issues included being on a soft diet, as well as being blind. In this circumstance, the student in the caregiver role had to prepare food that met the standards for a soft diet, as well as feed her due to her health concerns. With the students committing to their roles as patients, this allowed their fellow peers to obtain as real of an experience as possible.

The students taking care of the patients were given daily tasks, which included taking vitals, charting a patient's intake and outtake of food, as well as helping with mobility and hygiene needs. A great deal of medical terminology was used throughout the experience to get students used to those terms. The simulated clinicals went as far as to include the completion of an incident report if any patients fell, as well as if there was a patient "death". Again, though students were acting as patients, they committed to giving a genuine experience to those training for their STNA certification. Along with a live patient, each student was assigned a mannequin to practice giving additional care, like the utilization of CPR skills and the AED machine. It is clear the Health Careers program went above-and-beyond to make sure students are having quality opportunities to learn the skills needed to obtain their STNA certification. By adapting where needed to counteract the unfortunate circumstances this year brought forth, they were able to provide a hands-on, clinical experience for students. Instructor Mrs. Valukievic even detailed that the experience went very well and feels students are learning lots. She even noted that this format may be a bit more beneficial for students than certain in-field practices because they are given more chances to learn from their mistakes. The CVCC Health Career senior students will take the formal STNA certification this Spring. ➡



Ms. Ellis supervising CVCC Health Career students taking care of their "patient."



Health Careers student participating in hands-on stimulated clinical experience by feeding patient, Vanna Blue.



Mrs. Valukievic supervising student taking vitals of patient in creative clinical experience.

Overall, CVCC is thrilled by the amazing efforts put forth by our program instructors as well as students in working together to provide the best educational experience possible! CVCC's High School programs are enrolling now! For further information about the Health Career program, or many others, visit: <https://www.cvccworks.edu/HighSchoolPrograms.aspx> or call 440.526.5200.

CVCC Staff Spotlight

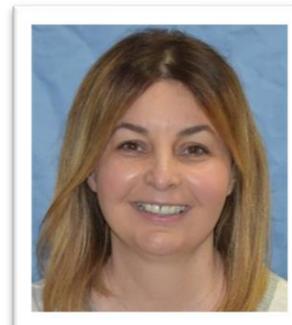
Welcome New Staff Members!

CVCC is very pleased to welcome Michael McDade, who was recently hired as Business Manager. Michael previously worked for the North Olmsted City Schools as the Director of Business Services for almost 10 years. Michael has an MBA from Ashland University as well as a bachelor's degree from Xavier University. His hobbies include traveling with his wife, Mary Kay, and son, Jack, golfing, and coaching his son in a variety of sports. Welcome Michael, CVCC is thankful to have you as a part of the team!

CVCC also welcomes Kelly Jarzabek. Kelly has been hired as an instructor for the part-time Licensed Practical Nursing program. She completed CVCC's Adult Education EKG Program, CVCC's Adult Education Phlebotomy program, as well as graduated from CVCC's Licensed Practical Nursing Program. Kelly went on to become a Registered Nurse, and is currently working on her Bachelor of Science in nursing. CVCC is thrilled to have you Kelly!



Michael McDade



Kelly Jarzabek

Upcoming Events

- 🌸 Thursday, April 29 ♦ Board of Education Meeting ♦ 6:30 p.m.
- 🌸 Tuesday, May 4 ♦ Staff In-Service Day (No School for High School Students)
- 🌸 Wednesday, May 12 ♦ Last Day for Seniors
- 🌸 Thursday, May 27 ♦ Board of Education Meeting ♦ 6:30 p.m.
- 🌸 Friday, May 28 ♦ Student's Last Day
- 🌸 Monday, May 31 ♦ Memorial Day



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