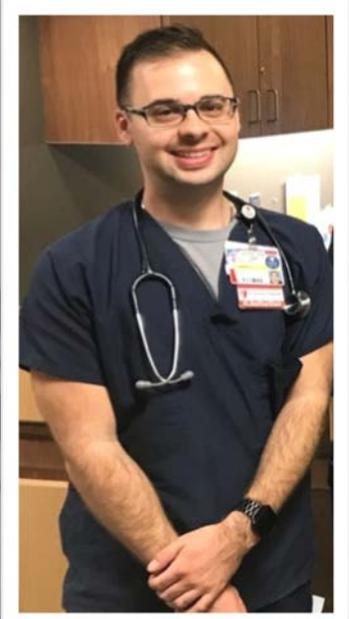




# CVCC Alumni Spotlight

## Former Cuyahoga Valley Career Center (CVCC) EKG Technician student, John Roberts Reaching Great Success!

John Roberts, a former CVCC Adult Education EKG Technician student, has much to be proud of! When John graduated from high school, he was not exactly sure about what career path was right for him. Always having an interest in computers, John took a computer-networking program in high school. John also had an itch to do more to help those in his community. Being involved in his church youth group, John had the opportunity to go on a trip to New York to help others in need; that trip aided John in realizing that a career where he could assist others was for him. John's mother shared a brochure with him on CVCC's EKG Technician course in which John was immediately interested. John knew the health field was booming, especially in the Cleveland area, and was always curious about the human heart on top of helping others, so he joined the program!



*Former CVCC EKG Technician student, John Roberts.*

John was enrolled in CVCC's EKG Technician program in the Spring of 2007. The program appealed to his interests of the cardiac field, as well as offered convenient class sizes, campus location, and affordability. John has many fond memories while at CVCC, noting his instructor, Mary Hrouda was outstanding! John said, "She would bring excitement to her class when talking to her students about the anatomy and physiology of the heart, she was kind and cared about her students and would often take extra time to help explain concepts to her students after class."

Upon completing the program, John was hired as an EKG Monitor Technician in August 2007 at the Cleveland Clinic. John continued his education toward becoming a Registered Nurse while working. Currently, John is a Registered Nurse in the Cardiac ICU at University Hospital and still uses his EKG skills that he learned at CVCC every day. John states that, "It is vital to be able to recognize changes on heart rhythms, so I'm able to provide effective care to my patients."

John continues to have a love for computers, which he has been able to integrate within his nursing career. He is currently learning how to use a new Electronic Medical Record system so he can educate fellow staff members and improve the workflow of the healthcare system. John has plans to continue his education and build upon his career; he is currently working on his interest of Nursing Informatics.

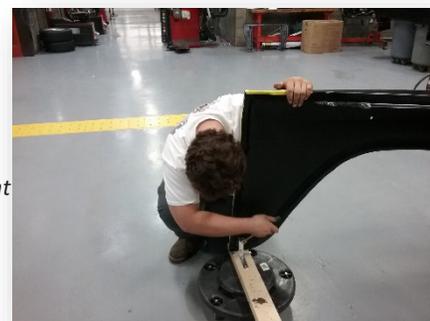
CVCC provided John with an opportunity to learn and grow, as well as become a valuable part of the community he works in. John is proud to say that he started his education towards his career at CVCC, which set the foundation to further his education and reach his goals. John hopes to inspire others to never give up! CVCC is honored to be a part of John's journey, and all his success! For information on CVCC's EKG Technician program or other Adult Education programs, please visit [www.cvccworks.edu](http://www.cvccworks.edu).

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# CVCC Student Spotlight

CVCC Auto student working on a custom truck.



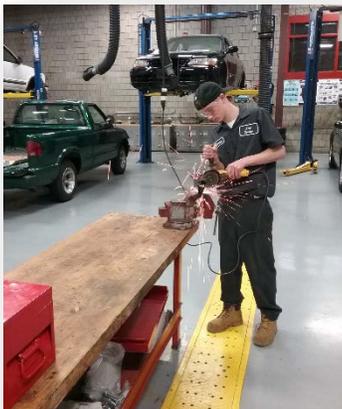
## CVCC Auto Students Gain Skills through Rebuilding Custom Truck

Cuyahoga Valley Career Center (CVCC) high school Auto Service Technology program, instructed by Mr. Joe Lamatrice, and Auto Body Repair and Refinishing program, instructed by Mr. Efrain Soto, are taking their skills to the next level! Both former and current students of these two CVCC high school programs have been actively involved in fabricating a custom truck by combining elements of two trucks, a 1995 Chevrolet S10, and a 1959 Chevrolet Apache. Modifications are numerous and include the adding of an air-ride suspension, modifying the truck's new V-8 engine, and preparing it for its new electrical and cooling system. The crew has shortened the truck's bed, and altered its stance while preparing the body for paint, which the students will apply. This project, which has spanned over a 3-5 year period, has gotten a fresh burst of energy. Both CVCC students and staff members stay after school to work on the truck, giving their time and working full throttle to complete it.

Much is being taught through this project, including fabrication, welding, measuring, and painting. The learning goes beyond the mechanics though, through the use of team analytic skills, building, working with others, and collaborating amongst programs. It is clear that both hard and soft skills are being taught. Real, hands-on work and life skills are being gained by all involved! Though this project has been in the works for quite some time, the hope is for it to be completed by the end of the current school year. The goal is for the truck to be finished in time to be displayed at the Piston Power Show, which is held in March at the IX Center. The ultimate endgame of this project is of course for students to learn, but also to resell the vehicle there to raise scholarship money for students.

CVCC students and staff are not the only ones involved in this project, as they are in collaboration with the Career and Technical School Foundation, a foundation that has given an incredible \$150,000 in scholarships to CVCC students over the years. CVCC staff members donate both time and money to this foundation, which Gerry Gonda explains is a, "blue-collar, self-funded foundation, whose objective is to help students learn career and life skills." Gerry is one of the founders of the Career and Technical School Foundation, and is a frequent substitute teacher at Cuyahoga Valley Career Center. The ultimate goal through the Career and Technical School Foundation is to give back to society. Through much group effort, the Career and Technical School Foundation sponsors events like the Motor Sports and More auction, which raises scholarship money for many CVCC students, and Wheels to Prosper, an effort that CVCC's Auto programs were also involved with which helped a person in need gain use of a car. This foundation could not be possible without the great efforts that its members, which includes CVCC staff, put forward. CVCC is abundantly grateful for all the good the Career and Technical School Foundation brings our students and community.

The projects and efforts of rebuilding a truck, as well as the many other projects that CVCC Auto students get to be a part of, would not be possible without the help of local business partners and sponsorships. CVCC's Auto Service Technology and Auto Body Repair and Refinishing programs thank Rural Trucking, D&S Color Supply, Summit Racing Equipment, Flaming River, Parma Transmission, and Arendas Insurance. These businesses do everything from supplying resources, to employing CVCC students and alumni. What incredible work by CVCC students, staff, as well as local foundations, businesses, and community members! This teamwork is what fuels the great learning that makes CVCC the place it is today! For more on Cuyahoga Valley Career Center and all it has to offer, please visit [www.cvccworks.edu](http://www.cvccworks.edu).



CVCC Auto students learning and testing their skills by working on a custom truck.



# CVCC Staff Spotlight

## CVCC Welcomes New Staff Members!

Cuyahoga Valley Career Center is thrilled to welcome back Jennifer Mash! Jennifer is the newest member to CVCC's cafeteria staff in which she is a cook and cashier. Jennifer is an alumna of Cuyahoga Valley Career Center. She graduated in 2011 from "The Company," a former program of CVCC. Jennifer is also a graduate of Cuyahoga Heights High School. In her free time, Jennifer enjoys playing sports and has an interest in tropical fish. She also spends time with her husband, Gary and their two daughters, Delilah and Gianna. CVCC is so glad another alum is joining the staff!



*Jennifer Mash*

CVCC is also very excited to welcome Randi Borosh! Randi is CVCC's newest Career Specialist and member of the Career and Community Resources Department. Prior to coming to CVCC, Randi worked for four years with Aspire of Polaris Career Center, being the Transitions Navigator for two years. Before her time at Polaris, Randi worked for UPS for 12 years in various supervisory roles, including Finance and Business Development positions. Randi has a Bachelor of Arts in Business Management from Ursuline College, as well as a Certificate in Baking and Pastry Arts from Polaris Career Center. In Randi's free time, she volunteers as a leader for a Girl Scout troop and coaches kids recreations sports. She loves baking, traveling, camping, hiking and reading. She also spends much of her time with her husband, Dan, and their children, Brittan, Colin, and Daphne. Welcome to CVCC Randi!



*Randi Borosh*



# Upcoming Events

- Monday, December 24, 2018 - Friday, January 4, 2019 ♦ Winter Break
- Monday, January 7, 2019 ♦ Classes Resume
- Thursday, January 10, 2019 ♦ 5:30 p.m. ♦ Board of Education Meeting
- Thursday, January 17, 2019 ♦ 7:00 p.m. - 8:30 p.m. ♦ Student/Parent Information Night
- Monday, January 21, 2019 ♦ Martin Luther King Jr. Day Observed
- Saturday, January 26, 2019 ♦ ACT Test Prep- One Day Intensive Crouse
- Thursdays, January 31- March 7, 2019 ♦ ACT Prep- Six Session Prep Course
- Monday, February 4- Friday, February 8, 2019 ♦ Career Tech Education Week
- Tuesday, February 5, 2019 ♦ AM Classes Only ♦ Bring Your Parent to School
- Wednesday, February 6, 2019 ♦ 10:00 a.m. - 1:00 p.m. ♦ College/Military Day
- Saturday, February 9, 2019 ♦ 9:30 a.m.- 11:30 a.m. ♦ STEM Career Showcase
- Wednesday, February 13, 2019 and Thursday, February 14, 2019 ♦ 11:30 a.m. - 1:15 p.m. ♦ Tenth Grade Visitations
- Monday, February 18, 2019 ♦ President's Day
- Thursday, February 28, 2019 ♦ 6:30 p.m. ♦ Board of Education Meeting
- Thursday, March 7, 2019 ♦ 3:00 p.m. - 6:00 p.m. ♦ Job Fair
- Tuesday, March 19, 2019 ♦ 1:00 p.m. - 2:00 p.m. ♦ Community Wellness Presentation
- Wednesday, March 20, 2019 ♦ 7:00 p.m. ♦ National Honor Society Induction
- Thursday, March 21, 2019 ♦ 6:30 p.m. ♦ Board of Education Meeting
- Monday, March 25- Friday, March 29, 2019 ♦ Spring Break

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