Developing Self Reliant Students

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Parent with the End in Mind
V of Love

V

toddler

teen
Five Skills for Healthy Independence

1. Knowledge of strengths
2. Conflict resolution
3. Problem solving
4. Realistic expectations
5. Resiliency
1. Knowledge of Strengths

Encourage the process, not outcome
2. Conflict Resolution

Ask Empowering Questions

“What do you want to do about it?”
3. Problem Solving

Coach, Don’t Solve
4. *Realistic Expectations*

*Apply real world standards*
5. Resiliency

Expect and embrace adversity
Susan Fee Resources

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